

# Scrap Your Day

Photo Fact Sheet #03 :: June 2008

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Each month as we near the 25th, there will be a new photo fact sheet to download. Although we all have different levels of experience and different styles, I hope you will find some photographic inspiration whether you're sharpening existing skills or trying something new for the very first time.

## Things to remember...

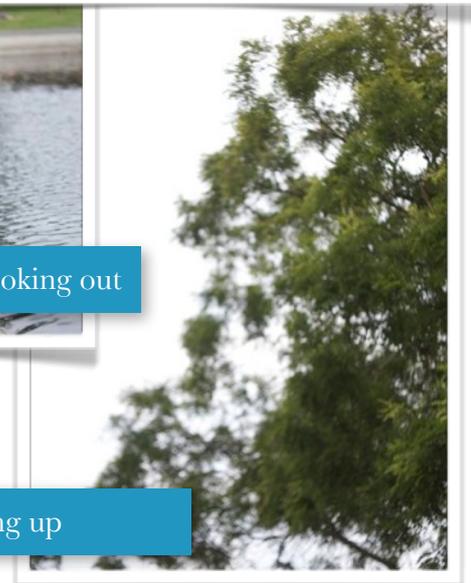
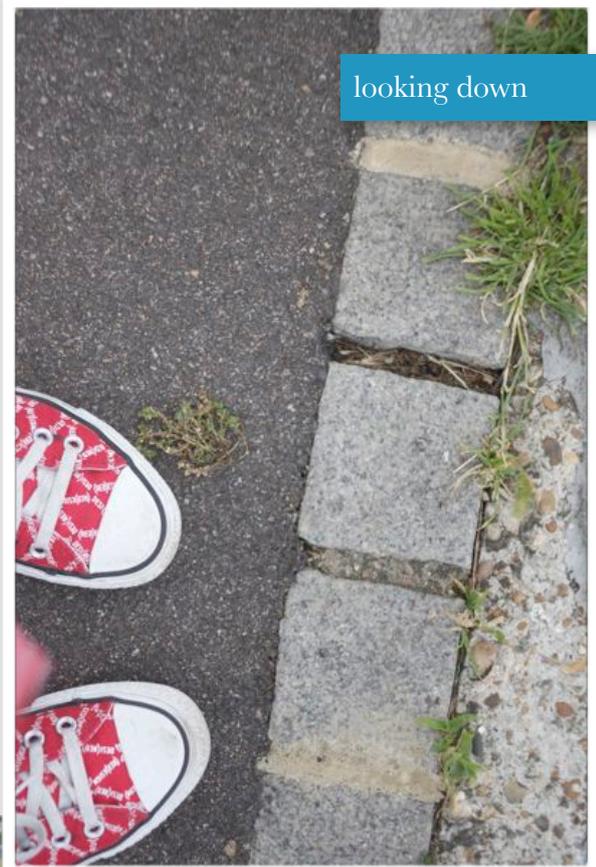
- ★ Charge. Your. Camera.
- ★ The 25th is this Wednesday.
- ★ Consistent shots for every month: clock when you wake, each meal, view from a window, self-portrait, clock when you go to sleep.

## This month: Looking up, Looking down

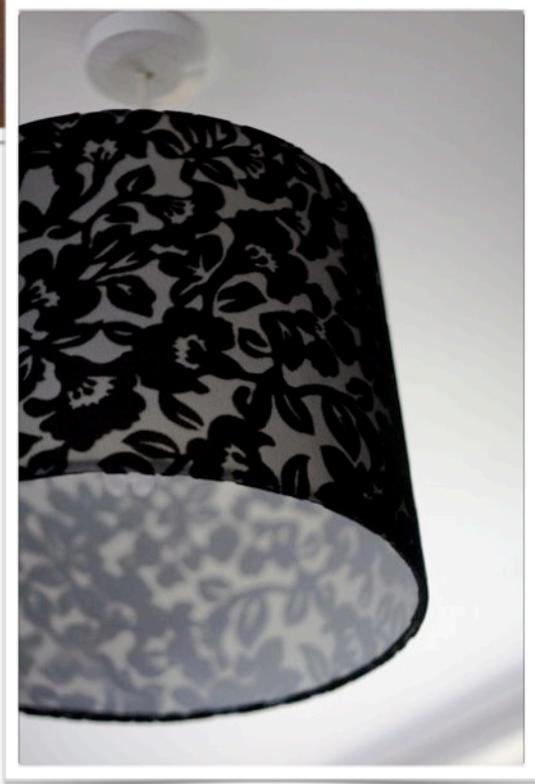
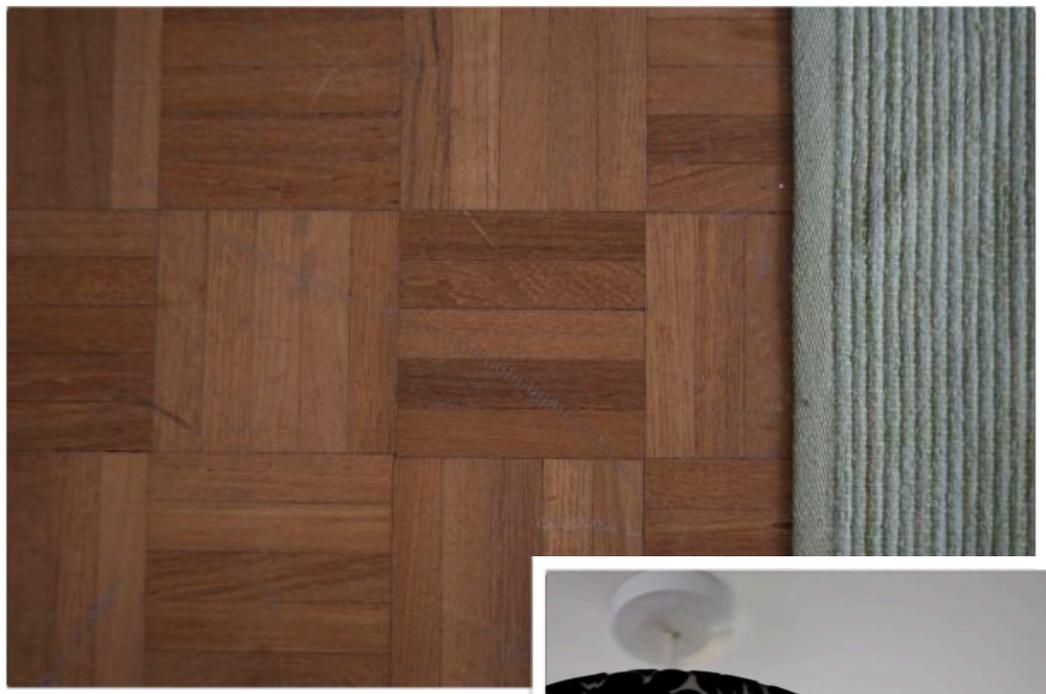
As we hopefully hit the extreme of summer in one hemisphere and winter in the other, this month's photography challenge is one that is easy to achieve no matter what your camera or photography skills, because it's all in how you look at things. Over the last two months we've gotten used to snapping much of the world around us as we documented toothbrushes, coffee cups, clocks and cooked dinners -- but this time we're going to shift the focus as we take in a bit more of the 360 degrees on offer.

**The challenge is easy: for every shot you take looking out at your world, move the camera to take a shot looking up, a shot looking down or both.**

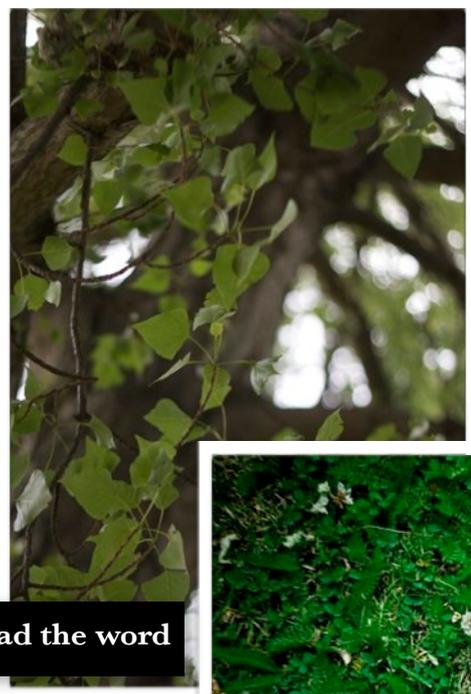
Here's an example from a street I walk down every day. Over the last two months of 25ths, I've taken shots similar to the looking out angle of the pond. After I took that shot, I looked up to shoot what was above my head -- a tree that stands next to the pond -- and then I snapped down to capture the pavement on which I was standing. Before I snapped those three shots in a row, I hadn't realised that I always stand in front of the tree to take pictures of the pond - so much so that no one who looked at my photos would imagine the pond with a tree! So looking up has put that right. As for shots of your feet, it's a personal choice whether you want to embrace a funky angle on [shooting your feet everywhere you go](#) or reframe the shot to just include the pavement rather than your shoes.



If your twenty-fifth will see you indoors for most of the day, you can still put this challenge to work. Snap your feet as you get out of bed...the view facing up through the kitchen window...the tiles of the bathroom floor...the fluorescent lightbulbs at work. When you photograph your lunch, add a shot down at the floor and a shot up at the ceiling if there is anything lovely there. And maybe if we cross all our fingers there will be a lovely blue sky and just the perfect cloud for you to snap even if you only step out for a moment.



This month's album prompt includes tips for adding more full-sized photographs, so don't fret too much if you snap dozens of photos that you like -- that should be a scrapbooker's dream rather than a nightmare! Stop back tomorrow to download the album prompt to help get your snaps scrapped before the 25th of July.



**help spread the word**

We've had new scrappers join us each month, some who are picking up scrapbook supplies for the first time. That makes me giddy, so I hope you'll continue to help spread the word about Scrap your Day. You can help by display [this image](#) on your blog or in your message board signature and adding [this photo](#) to your Flickr favourites. Feel free to blog this month's [photo](#) to encourage your blog readers to pick up their camera tomorrow!

